



Phone: (661) 617-1182
 Espanol: (661) 616-9110
 Fax: (661) 616-9199



Patient: _____ Phone: _____ DOB: _____

Doctor: _____ Dr. Phone: _____ ICD: _____

Diagnosis: _____ Precautions: _____

Physical Therapy Referral Duration: _____ /week x _____ weeks Home Program

△ Evaluate and customize a program based on individual's needs

Orthopedic/Sports

- △ E-Stim: IFES, TENs, Pre-Mod, NMES
- △ Gait Training/Balance
- △ Joint Mobilization
- △ Proprioception
- △ Range of Motion (PROM, AROM, AAROM)
- △ Sport Specific Training
- △ Therapeutic Exercise (Strength/PRE)
- △ Total Joint Program (Pre/Post)
- △ Traction (Lumbar, Cervical)

Functional Rehabilitation

- △ Activities of Daily Living (ADLs)
- △ Adaptive Equipment
- △ Gait Training/Balance
- △ LE Coordination/Strengthening
- △ Neuromuscular Re-Education
- △ Orthotic/Prosthetic Training
- △ Physical Therapy
- △ Transfer Training
- △ UE Coordination/Strengthening

Aquatic Therapy

- △ Gait Training/Balance
- △ Therapeutic Exercise

Other Programs

- △ Pilates
- △ Prenatal/Post Natal

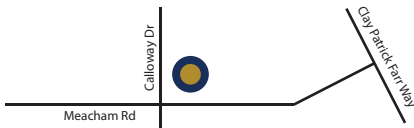
Comments: _____

Signature: _____ Date: _____

PICK A LOCATION THAT IS CONVENIENT FOR YOU!

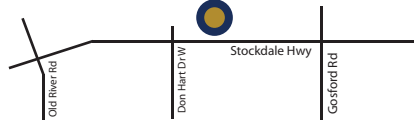
Rosedale

3400 Calloway Dr, Suite 603, Bakersfield



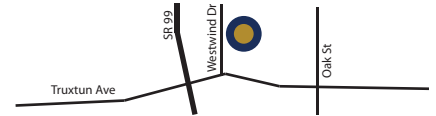
Stockdale

8800 Stockdale Hwy, Suite 150, Bakersfield



Aquatic Center

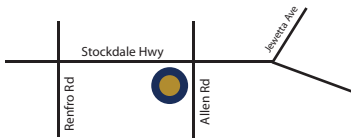
1800 Westwind Dr, Bldg 500, Bakersfield



Allen

13019 Stockdale Hwy, Suite 500, Bakersfield

New Location Now Open!



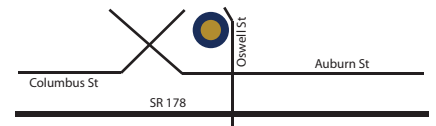
Southwest

7900 District Blvd, Suite A, Bakersfield



Northeast

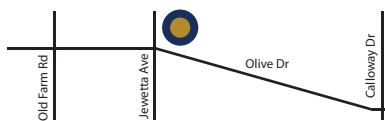
2838 Oswell St, Bakersfield



Northwest

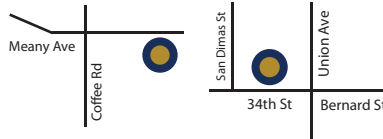
11206 Olive Dr, Suite 102, Bakersfield

New Location Now Open!



TERRIOkids

7737 Meany Ave. Suite B5, Bakersfield
Memorial Hospital
420 34th St, Bakersfield



Panama

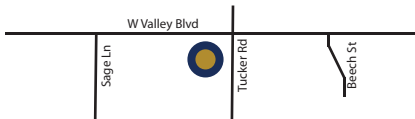
4004 Panama Ln, Suite 100, Bakersfield

New Location Now Open!



Tehachapi

815 Tucker Rd, Suite C, Tehachapi

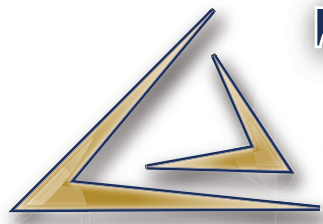


Delano

1430 High St, Delano



Visit <http://myterrio.com/locations> for an interactive map of all locations



TERRIO

Physical Therapy & Fitness

We accept most PPO/EPO/Work Comp insurance plans

The following insurances are accepted. If you don't see your insurance call us to verify if we can accept it.

AAA
Adventist Health/WC
Aetna
AIMS Insurance
Align Networks
Allstate
Bakersfield College Student Accident
Bakersfield Family Medical Center
Blue Cross
Blue Sheild
Blue Sheild Federal
BNSF Railway Company
Brand New Day
Broadspire
Champva
Cigna Healthcare
Corvel WC (County of Kern)
Delano Regional Medical Group - HMO
Delta Health Systems
Department of Veterans Affairs

Farmers Insurance
Geico
GEMCare Health Plan
Great West Healthcare
Health Edge Inc
Intercare
Kaiser Permanente Claims Admin Dept
Keenan Associates
Kern Health Systems
Med Risk Workers Compensation
Medicare
Multiplan
Qual Care
Pinnacle Claims Management
RailRoad MediCare
Risk Enterprise Brea
Sedgwick
Sisc III
Sisc Workers Comp
State Compenstation Fund

State Farm Insurance
Travelers Insurance Work Comp
Travelers Prop Cas Co of America
TriCare
TriCare for Life
TriCare West Region Claims Dept
Tristar Risk Management
Tristar1
UFCW
UMR
United Health Care
United Health Care OPTUM
Unviersal SmartComp
UPRR Claims
US Dept of Labor Workers Comp
USAA
Wellcomp Work Comp
Western Growers Assurance Trust
York Claims Services
Zurich

Visit <http://myterrio.com/insurances> for an up-to-date list of accepted insurance plans