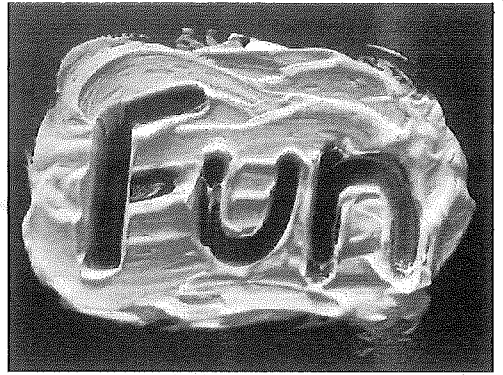


10 Multi-Sensory Ways to Practice Handwriting



Let's face it, handwriting practice on paper can get boring. Children need to practice the basics rule of handwriting - write from left to right, start all letters from the top, space letters evenly apart, space words evenly apart and write on the line. Here are 10 ways to practice handwriting that do not include using a pencil and paper:

1. **Write in flour or sand:** Pour a small layer of flour or sand on a tray with edges. The child can use the fingertip to practice writing letters or words in the flour.
2. **Road writing:** Practice driving small toy cars in the formation of letters. Place some tape on the floor in the shape of a letter and have the child drive the car over the letter forming it correctly.
3. **Shaving cream:** Put some shaving cream on a tray and practice writing letters. Try shaving cream on the bath tub wall and write in it.
4. **Flashlight writing:** Head into a dark room. Write letters on the wall using a flashlight.
5. **Play dough letters:** Make some play dough and roll into long logs. Form into letters. Don't forget to still do the proper formation - start at the top to form each letter.
6. **Creative letters:** Use materials from around the house or classroom to create letters. Some ideas are pipe cleaners, sticks, yarn, rope, floral wire, cooked spaghetti, etc.
7. **Sand or dirt writing:** Practice writing letters using a stick in the sand or dirt.
8. **Sensory bag:** Put some paint or hair gel in a ziploc bag. Add some duct tape over the top to make sure it will stay closed. The child can write letters on the bag with a cool effect to the paint inside.
9. **Water painting:** Give the child a bucket of water and a large paintbrush. Head outdoors and practice writing letters on the ground or on a fence.
10. **Glitter letters:** Use glue to form a letter and sprinkle glitter on each letter. When dry, put together an alphabet book. The child can then trace each shiny, raised letter with the finger tip to practice letter formation again!