

Patient: \_\_\_\_\_ Phone: \_\_\_\_\_ DOB: \_\_\_\_\_

Doctor: \_\_\_\_\_ Dr. Phone: \_\_\_\_\_ ICD: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Precautions: \_\_\_\_\_

**Physical Therapy Referral**      Duration: \_\_\_\_\_ /week x \_\_\_\_\_ weeks      Home Program

△ Evaluate and customize a program based on individual's needs

**Orthopedic/Sports**

- △ E-Stim: IFES, TENS, Pre-Mod, NMES
- △ Gait Training/Balance
- △ Joint Mobilization
- △ Proprioception
- △ Range of Motion (PROM, AROM, AAROM)
- △ Sport Specific Training
- △ Therapeutic Exercise (Strength/PRE)
- △ Total Joint Program (Pre/Post)
- △ Traction (Lumbar, Cervical)

**Functional Rehabilitation**

- △ Activities of Daily Living (ADLs)
- △ Adaptive Equipment
- △ Gait Training/Balance
- △ LE Coordination/Strengthening
- △ Neuromuscular Re-Education
- △ Orthotic/Prosthetic Training
- △ Physical Therapy
- △ Transfer Training
- △ UE Coordination/Strengthening

**Aquatic Therapy**

- △ Gait Training/Balance
- △ Therapeutic Exercise

**Other Programs**

- △ Pilates
- △ Prenatal/Post Natal

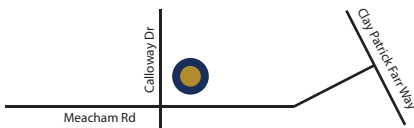
Comments: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# PICK A LOCATION THAT IS CONVENIENT FOR YOU!

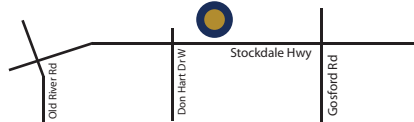
## Rosedale

3400 Calloway Dr, Suite 603, Bakersfield



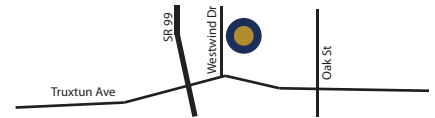
## Stockdale

8800 Stockdale Hwy, Suite 150, Bakersfield



## Aquatic Center

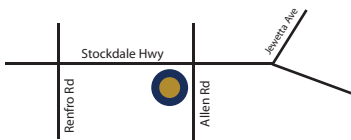
1800 Westwind Dr, Bldg 500, Bakersfield



## Allen

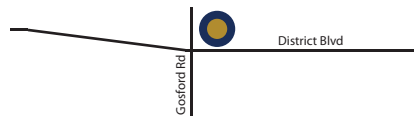
13019 Stockdale Hwy, Suite 500, Bakersfield

*New Location Now Open!*



## Southwest

7900 District Blvd, Suite A, Bakersfield



## Northeast

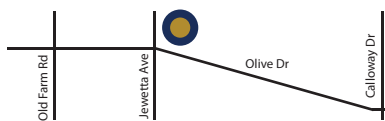
2838 Oswell St, Bakersfield



## Northwest

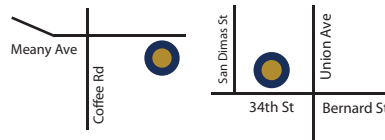
11206 Olive Dr, Suite 102, Bakersfield

*New Location Now Open!*



## TERRIOKids

7737 Meany Ave. Suite B5, Bakersfield  
Memorial Hospital  
420 34th St, Bakersfield



## Panama

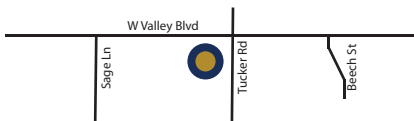
4004 Panama Ln, Suite 100, Bakersfield

*New Location Now Open!*



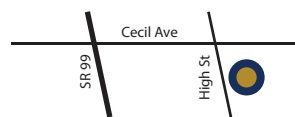
## Tehachapi

815 Tucker Rd, Suite C, Tehachapi



## Delano

1430 High St, Delano



Visit <http://myterrio.com/locations> for an interactive map of all locations