

Patient: _____ Phone: _____ DOB: _____

Doctor: _____ Dr. Phone: _____ ICD: _____

Diagnosis: _____ Precautions: _____

Physical Therapy Referral

Duration: _____ /week x _____ weeks

Home Program

△ Evaluate and customize a program based on individual's needs

Orthopedic/Sports

- △ E-Stim: IFES, TENS, Pre-Mod, NMES
- △ Gait Training/Balance
- △ Joint Mobilization
- △ Proprioception
- △ Range of Motion (PROM, AROM, AAROM)
- △ Sport Specific Training
- △ Therapeutic Exercise (Strength/PRE)
- △ Total Joint Program (Pre/Post)
- △ Traction (Lumbar, Cervical)

Functional Rehabilitation

- △ Activities of Daily Living (ADLs)
- △ Adaptive Equipment
- △ Gait Training/Balance
- △ LE Coordination/Strengthening
- △ Neuromuscular Re-Education
- △ Orthotic/Prosthetic Training
- △ Physical Therapy
- △ Transfer Training
- △ UE Coordination/Strengthening

Aquatic Therapy

- △ Gait Training/Balance
- △ Therapeutic Exercise

Other Programs

- △ Pilates
- △ Prenatal/Post Natal

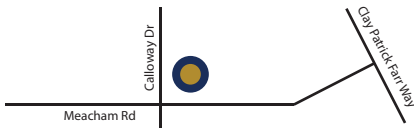
Comments: _____

Signature: _____ Date: _____

PICK A LOCATION THAT IS CONVENIENT FOR YOU!

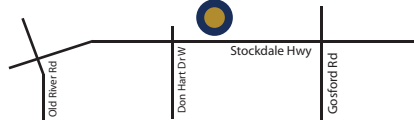
Rosedale

3400 Calloway Dr, Suite 603, Bakersfield



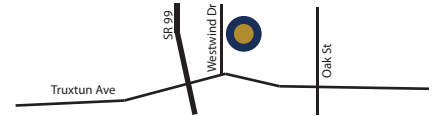
Stockdale

8800 Stockdale Hwy, Suite 150, Bakersfield



Aquatic Center

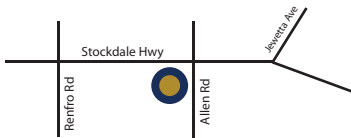
1800 Westwind Dr, Bldg 500, Bakersfield



Allen

13019 Stockdale Hwy, Suite 500, Bakersfield

New Location Now Open!



Southwest

7900 District Blvd, Suite A, Bakersfield



Northeast

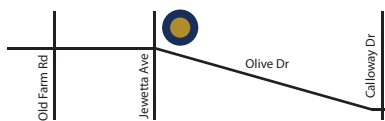
2838 Oswell St, Bakersfield



Northwest

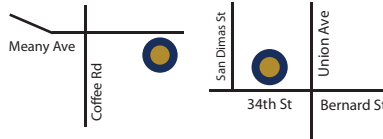
11206 Olive Dr, Suite 102, Bakersfield

New Location Now Open!



TERRIOkids

7737 Meany Ave. Suite B5, Bakersfield
Memorial Hospital
420 34th St, Bakersfield



Panama

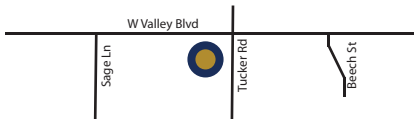
4004 Panama Ln, Suite 100, Bakersfield

New Location Now Open!



Tehachapi

815 Tucker Rd, Suite C, Tehachapi



Delano

1430 High St, Delano



Visit <http://myterrio.com/locations> for an interactive map of all locations